



Schema Therapy Training Canada

Supervision Group

You are asked to consider seriously your commitment to the Schema Therapy Supervision Group. It can be difficult at times during a busy schedule to take the time for yourself and make the group a priority (many therapists struggle with the self sacrifice schema!). Your commitment is to both yourself and to the others in the group, as absences impact everyone's progress. Attendance creates the coherence you need to get your learning goals met. **Because of commitment to the group, there will be no refunds for cancellation or missed sessions.**

Each participant will be asked to fill out a "mini case conceptualization" (Joan Farrell's "My Problem Analysis") and send it out to the group before presenting their case. This is to help the group and presenter to quickly ascertain the nature of the presenting problem in Schema Therapy terms, and help the presenter to practice using the ST Case Conceptualization format. **Group members will be expected to be able to bring in a "snippet" of a recording or video for the group.**

The Supervision will consist of group meetings over ZOOM, on the mutually agreed upon dates. It will consist of a case presentation (each member will have at least on turn at presenting), reading materials, role plays, and discussion of the therapist's own schemas, as they pertain to the case presented. Please note that there will be varying levels of experience and skill in group participants.

Regular attendance is mandatory. If you are more than 10 minutes late, or leave 10 minutes early from the group, you will not receive credit for that group. In

consideration of others, participants are expected to be on time, and the sessions will start on time. Please advise Frances Miller if you will be late or missing a session, so that the group doesn't wait for you. Email:

fmiller.schemacda@gmail.com

All members agree to respect and maintain confidentiality of information shared in the group. No personal or professional information shared in the group will be shared outside of the group. Participants agree to abide by the ethics of their profession and by the ISST Statutes.

Please note that attendance at this group is not a guarantee of ISST certification. Please see the ISST Requirements for Certification so that you are aware of all of the components of Certification. The amount of ISST credits that are earned for group attendance are determined by the number of group sessions attended, the length of the group and the number of participants in the group. You can find this formula on the ISST website.

Please sign below to signify that you are in agreement with the above information.

Name: _____

Signature: _____

Date: _____