



Schema Therapy Training Canada

Supervision Group

You are asked to consider seriously your commitment to the Schema Therapy Supervision Group. It can be difficult at times during a busy schedule to take the time for yourself and make the group a priority (many therapists struggle with the self sacrifice schema!). Your commitment is to both yourself and to the others in the group, as absences impact everyone's progress. Attendance creates the coherence you need to get your learning goals met. **Because of commitment to the group, there will be no refunds for cancellation or missed sessions.**

Each participant will be asked to fill out a "mini case conceptualization" (Joan Farrell's "My Problem Analysis") and send it out to the group before presenting the case. This is to help the group and presenter to quickly ascertain the nature of the presenting problem in Schema Therapy terms, and help the presenter to practice using the ST Case Conceptualization format.

Please advise Frances Miller if you will be late or missing a session, so that the group doesn't wait for you. Email: fmiller.schemacda@gmail.com

All members agree to respect and maintain confidentiality of information shared in the group. No personal or professional information shared in the group will be shared outside of the group.

Please sign below to signify that you are in agreement with the above information.

Name: _____

Signature: _____

Date: _____